

To those who have the right to vote in the Parliamentary Election 2025

Use your right to vote!

A Parliamentary Election will be held in Norway on 8 September 2025. By taking part in the election, you are supporting democracy in Norway. You are receiving this letter because you have received the right to vote in a Parliamentary Election within the last eight years.

Help to ensure a high election turnout

Democracy requires that as many of us as possible use our right to vote. Regardless of whether you are a first-time voter or have voted before, we hope you will use the opportunity to influence the shape of politics. Whichever political party and which candidates you vote for is of course, up to you. The most important thing is that you take part.

Practical information about the election

The date of the Parliamentary Election is 8 September 2025. In some municipalities, it is also possible to vote on Sunday 7 September. You can also vote in advance anywhere in the country from and including 5 September.

You can find information about polling stations and where you can vote at: valglokaler.no

Remember to take some form of photo ID with you, showing your name and date of birth/ID no, when you go to vote.

If you have any practical questions, you can contact your municipality or find out more at: valg.no. You will also find information about what takes place at a polling station and how to cast your vote.

Use your vote. Happy voting!

Yours faithfully,
The Norwegian Directorate of Elections

About The Norwegian Directorate of Elections

The Norwegian Directorate of Elections (*Valgdirektoratet*) is subordinate to the Ministry of Local Government and Regional Development. Its purpose is to ensure a well-functioning democracy by upholding the population's faith in the electoral process in Norway. The overarching priority for the Directorate in 2025 is to help ensure correct, open and confidence-inspiring parliamentary and Sami parliamentary elections.

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